

CURRICULUM VITAE



A. PERSONAL DATA:

Name: **Dr. Krishnendu Pradhan**
Working Place: Garhbeta College, Paschim Medinipur, W.B.
Department: Physical Education
Designation: Associate Professor
Date of Birth: 29th day of August, 1965
Nationality: Indian
State of Origin: West Bengal
Present Address: 43/1, West Avenue, Bidhannagar, Midnapore Town,
P.S.: Kotwali, Dist.: Paschim Medinipur, PIN-721101, W.B.
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B. EDUCATION:

1996-1994 Doctor of Philosophy in Physical Education from LNCPE, Gwalior Affiliated to Jiwagi University, M.P.
1994-1993 Master of Philosophy in Physical Education (Exercise Physiology) from LNCPE, Gwalior Affiliated to Jiwagi University, M.P.
1993-1992 Diploma in Sports Coaching (Volleyball) From Sports Authority of India, Eastern Centre, Calcutta, W.B.
1992-1990 Master Degree in Physical Education from University of Kalyani, Nadia, W.B.
1990-1989 Diploma in Yoga Asana Training from Yoga Training Institute, Calcutta, W.B.
1988-1987 Diploma in Physical Education from Post Graduate Govt. Institute for Physical Education, Banipur, Affiliated to Calcutta University, Calcutta, W.B.
1986-1984 Bachelor of Science (Bio) from Science City College, Affiliated to Calcutta University, W.B.

C. WORK EXPERIENCE:

2018- Onwards Invited Faculty, P.G. Department in Bengali, Raja N.L. Khan Women's College (Autonomous), Paschim Medinipur, W.B.
1997-2007 Guest Lecturer in the Department of Physical Education, Midnapore College, Paschim Medinipur, W.B.
1998-2000 Guest Lecturer in the Department of Physical Education, Pingla Thana Mahavidyalaya, Paschim Medinipur, W.B.
1995-1998 Guest Lecturer in the Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, W.B.
1998-2006 Assistant Teacher, Vidyasagar Vidyapith, Midnapur, W.B.
1998 Assistant Master in Physical Education, Taki Govt. School, Taki, North 24 Paragana, W.B.

D. MEMBER OF BOARD OF STUDIES:

- BOS member of Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2007 till date.
- BOS member of Bachelor in Physical Education subject, Vidyasagar University, Paschim Medinipur, W.B. from 2008 till date.
- BOS member of Physical Education Department of Midnapore College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.
- BOS member of Yoga Department of Midnapore College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.
- BOS member of Physical Education Department of Raja Narendra Lal Khan Women's College (Autonomous), Paschim Medinipur, W.B. from 2016 till date.

E. MINOR RESEARCH PROJECT:

Completed a UGC Sponsored Minor Research Project Entitled on:

“Effect of regular participation in games and sports on body mass index (BMI) and fat Percent between Intra-varsity level athletes and non-athletes”.

F. SPORTS ACHIEVEMENTS:

- Represented Kalyani University in the All India Inter University Volleyball Tournament, 1991.
- Represented Kalyani University in the East Zone Inter University Volleyball Tournament, 1990.
- University Blue of Rabindra Bharati University and represented in the East Zone Inter University Volleyball Tournament, 1986.
- University Blue of Rabindra Bharati University and represented in the East Zone Inter University Volleyball Tournament, 1987.
- Represented consecutive four years as a regular and dependable player of Bijoyee Sangha, a leading Calcutta First Division Volleyball Club from 1988-1992.

G. EDITORIAL BOARD MEMBER OF JOURNAL/BOOK:

Sl. No.	Name of the Journal/Book	UGC Approved/ UGC Care Listed	ISSN/ISBN Impact Factor	International/ National
1.	International Journal of Physiology, Nutrition and Physical Education.	UGC Approved January-June, 2019	ISSN: 2456-0057 Impact Factor: 5.18	International
2.	International Journal of Yogic, Human movement and Sports Sciences.	UGC Approved July-December, 2018	ISSN: 2456-4419 Impact Factor: 5.18	International
3.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Conference Proceedings 9 th December, 2017	ISBN: 978-81-929219-1-4	International
4.	International Congress on Global Innovation and Research in	Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-17-6	

	Education, Sports Sciences and Yoga. Vol. I			International
5.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Vol. II	Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-19-0	International
6.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Vol. III	Editor Conference Proceedings 10 th -11 th December, 2017	ISBN 978-93-87072-49-7	International

H. CHAIRED/CO-CHAIRLED IN THE TECHNICAL SESSION OF THE SEMINARS:

Sl. No.	Title of the Academic Session	Title of Conference/Seminar	Organized by	International/National/State
1.	Sports Training and Pedagogy. (Co-Chairperson)	National Seminar on New Challenges for Physical Education and Sports Sciences.	Post Graduate Government Institute for Physical Education, Banipur. Dated on: 19 th & 20 th March, 2010.	National (Sponsored by Higher Education Department, Govt. of West Bengal.
2.	Psychological Interventions and Elite Sports Performance. (Chairperson)	International Conference on Physical Education & Sports Science "ICPESS-2015"	Department of Physical Education. JECRC University, Jaipur, Rajasthan. Dated on: 6 th & 7 th January, 2015.	International (Sponsored by Department of Science and Technology, Govt. of Rajasthan.
3.	Physiological Interventions and Elite Sports Performance. (Chairperson)	Global Conference on Scientific Culture in Physical Education and Sports. "GLOCOSCPES-2016"	Department of Physical Education. Punjabi University, Patiala. Punjab. Dated on: 18th to 20th February, 2016.	International (Sponsored by ICSSR).
4.	Educational Aspects of Yoga and Sports Performance. (Chairperson)	Yoga in Life and Education: It's Relevance in the 21st Century.	Department of Education, University of Gour Banga, Malda, West Bengal. India. Dated on 3 rd & 4 th June, 2017.	International (Sponsored by University of Gour Banga).
5.	Physiological Aspects of Physical Education and Sports. (Chairperson)	Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Department of Physical Education, Seva Bharati Mahavidyalaya. Paschim Medinipur. West Bengal. Dated on: 9 th December, 2017.	International
6.	Sports Training, Coaching and Pedagogical Aspects in Physical Education & Sports. (Chairperson)	Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahishadal Girls' College. Purba Medinipur. West Bengal. Dated on: 10 th & 11 th December, 2017.	International

I. INVITED LECTURERS IN THE SEMINAR/CONFERENCE:

Sl. No.	Title of the Invited lecture	Title of Conference/ Seminar	Organized by	International/ National/ University level
1.	Guiding Principles of Soccer Officiating.	Scientific Approach and Technical analysis for the Development of Soccer.	Department of Physical Education. Midnapore College (Autonomous), Paschim Medinipur, West Bengal. Dated on: 11 th June, 2017.	National
2.	Understanding Exercise's Effect on Psychological Well-Being.	Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Department of Physical Education, Seva Bharati Mahavidyalaya. Paschim Medinipur. West Bengal. Dated on: 9 th December, 2017.	International
3.	Contextual and Pedagogical Perspectives of Sport Coaching.	Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahishadal Girls' College. Purba Medinipur. West Bengal. Dated on: 10 th & 11 th December, 2017.	International
4.	Yoga Education.	Yoga Education.	Department of Physical Education, Jhargram Raj College, Jhargram, Paschim Medinipur. Dated on: 4 th October, 2018.	Departmental
5.	Nutritional Aspects of Games and Sports.	International Conference on Sports Nutrition and Awareness of Doping in Connection with Sports Sciences, Physical Education and Yogic Sciences.	Physical Education Foundation of India. In Collaboration with National Anti Doping Agency (NADA) and Panskura Banamali College. Purba Medinipur. West Bengal. Dated on: 29 th February & 1 st March, 2020.	International

J. PUBLISHED PAPERS IN JOURNALS:

Sl. No.	Title with Page no.	Name of the Journal	National/ Inter-national/ University	ISSN/ ISBN No.	Peer Reviewed & Impact Factor
1.	Management of Stresses and Strains in Old Age February, 2014; Vol. 1, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348-2524	Peer Reviewed
2.	Analysis of Anxiety Levels, Muscle Tension and Motor Ability Among Athletes and Non-Athletes February, 2015; Vol. 2, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348-2524	Peer Reviewed
3.	An Analysis of Moderate-Intensity and High-Intensity Workout Ability Among Intersarsity Level Sports Person. August, 2015; Vol. 4	IMPETUS Xavier's Interdisciplinary Research journal	National	ISSN 2278-0254	Peer Reviewed
4.	Positional Differences in Explosive				

	Strength and Agility Among Inter University Volleyball Players. March, 2016; Vol. 1, No. 1	WBCIPE Journal	National	ISSN 2348-0777	Peer Reviewed
5.	A Comparative Study of Selected Physical Fitness Components Between Academic and Professional Courses of Physical Education Students March, 2016; Vol. 1, No. 1	WBCIPE Journal	National	ISSN 2348-0777	Peer Reviewed
6.	A Comparative Analysis on Maximal Aerobic and Anaerobic Capacity of Students Studying in Different Classes at Central Government College of Physical Education in India June, 2016; Vol. 9, No. 1	Wesleyan Journal of Research	National	ISSN 0975-1386	Peer Reviewed
7.	Motor Fitness Attributes of Inter University level Male Soccer and Volleyball players: A Comparative Study. September, 2016; Vol. 2, No. 3	ACTIVE LIFESTYLE A Complete Journal of Health, Physical Education & Sports	National	ISSN 2395-0706	Peer Reviewed
8.	Physical Fitness Components of Indian Junior Female Volleyball Players: The Need for Individual Data. February, 2017; Vol. 4, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348-2524	Peer Reviewed Impact Factor: 2.045
9.	Physical Fitness and Performance Indicator of Indian Female Volleyball Players: The Need for Individual Data November, 2017; Vol. 7, No. 1 & 2	Bhatter College Journal of Multidisciplinary Studies	National	ISSN 2249-3301	Peer Reviewed, Refereed & UGC Approved
10.	Comparison of Anthropometric Characteristics and Body Composition of Inter University level Volleyball and Football Players. March, 2017; Vol. III, No. 1	WBCIPE Journal	National	ISSN 2348-0777	Peer Reviewed
11.	Somatic Traits and Body Composition Profiles of All India Inter University Football Players. February, 2018; Vol. 5, No. 1	Indian Journal of Research in Multidisciplinary Studies	National	ISSN 2348-2524	Peer Reviewed
12.	Effect of Kapalbhathi and Specific Pranayama Techniques on Psycho-physiological Characteristics of Middle Aged Sedentary Women. February, 2018; Vol. 3, No. 1, Pp. 72-83	Anudhyan An International Journal of Social Sciences	International	ISSN 2455-6319	Peer Reviewed
13.	Effect of Regular Participation in Games and Sports on Body Mass Index and Fat Percent Among Interuniversity Level Team Game Players. Jan-Jun, 2018; Vol. 3, Issue 1	International Journal of Physiology, Nutrition and Physical Education	International	ISSN 2456-0057	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.43
14.	Study on Trait and State Anxiety Level	International Journal of		ISSN	Peer Reviewed, Refereed,

	Between Inter College and Inter University Male Kho-kho Players. Jan-Jun, 2018; Vol. 3, Issue 1	Physiology, Nutrition and Physical Education	International	2456-0057	UGC Approved & Impact Factor: 5.43
15.	Comparison of Body Composition Characteristics Between District Level Football and Kho-kho Players. Jan-Jun, 2018; Vol. 3, Issue 1	International Journal of Physiology, Nutrition and Physical Education	International	ISSN 2456-0057	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.43
16.	Somatic Traits and Body Composition Characteristics of Middle Blockers and Outside Hitters of East Zone Inter University Male Volleyball Players. March, 2018; Vol. V, No. 1	WBCIPE Journal	National	ISSN 2348-0777	Peer Reviewed & UGC Approved
17.	Effect of Yogic Practices on Psychophysiological Characteristics of College Male Students. Jul-Dec, 2018; Vol. 3, Issue 2	International Journal of Yogic, Human Movement and Sports Sciences	International	ISSN 2456-4419	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.18
18.	Comparison of Motor Fitness Components Between Academic and Professional Courses of Male physical Education Students in West Bengal. Jul-Dec, 2018; Vol. 3, Issue 2	International Journal of Yogic, Human Movement and Sports Sciences	International	ISSN 2456-4419	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.18
19.	Analysis of AAHPERD Youth Fitness Test Components Between Rural and Urban Sportsmen of Vidyasagar University in West Bengal Jul-Dec, 2018; Vol. 3, Issue 2	International Journal of Yogic, Human Movement and Sports Sciences	International	ISSN 2456-4419	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.18
20.	Positional differences in somatic traits among inter university level male football players Jan-Jun.2019; Vol. 4, Issue 1	International Journal of Physiology, Nutrition and Physical Education	International	ISSN 2456-0057	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.43
21.	Comparison of anthropometric characteristics between inter university and inter collegiate volleyball players. Jan-Jun.2019; Vol. 4, Issue 1	International Journal of Physiology, Nutrition and Physical Education	International	ISSN 2456-0057	Peer Reviewed, Refereed, UGC Approved & Impact Factor: 5.43
22.	Games and Sports: A Gateway of Women's Empowerment in India. August, 2019; Vol. 4, No. 1	Anudhyan An International Journal of Social Sciences	International	ISSN 2455-6319	Peer Reviewed
23.	Positional differences of Biomotor ability among East Zone Inter University Volleyball Players. August, 2020; Vol. 5, No. 1	Anudhyan An International Journal of Social Sciences	International	ISSN 2455-6319	Peer Reviewed
24.	Role of Colleges, Universities & AIU in Contributing Quality Players for National and International Levels. January, 2008.	Vidyasagar University Sports Bulletin	University	--	--

25.	India's Sports Performance in International Arena: An Overall Report. February, 2009	Vidyasagar University Sports Bulletin	University	--	--
26.	The Game Kho-kho: Its Characteristics and Needs. September, 2010	Vidyasagar University Sports Bulletin	University	--	--
27.	Regular Physical Exercises. January, 2010	Vidyasagar University Sports Bulletin	University	--	--
28.	Specific Activities on Track and Field Event. December, 2011	Vidyasagar University Sports Bulletin	University	--	--
29.	Common Features of Sprinting Start. December, 2013	Vidyasagar University Sports Bulletin	University	--	--
30.	The Vision and Objectives of Association of Indian Universities (AIU). December, 2014	Vidyasagar University Sports Bulletin	University	--	--
31.	Exercise is Must for Diabetics December, 2015	Vidyasagar University Sports Bulletin	University	--	--
32.	Ecosystem of Indian Sports. December, 2017	Vidyasagar University Sports Bulletin	University	--	--

K. SEMINAR / CONFERENCE PROCEEDINGS:

Sl. No.	Title of the Paper	Details of Conference Publication	Organized By	ISSN/ ISBN No.	Solo/ Co-author	National/ International
1.	Comparison of BMI and Selected Physical Fitness Components Between Residential and Non-Residential Football Players.	Physical Activity: An Essence in Modern Life. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2014.	ISBN 978-81-928721-2-4	Co-author	National
2.	A Comparative Study of Aerobic and Anaerobic Capacity Among Intervarsity Level Kho-kho and Kabaddi Players. Vol. I.	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987-81-89463-96-0	Co-author	International
3.		International				

	Positional Differences in Selected Body Composition Among University Level Volleyball Players. Vol. I	Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987-81-89463-96-0	Solo	International
4.	A Comparative Analysis of Aerobic and Anaerobic Capacity Between Indigenous and Non-Indigenous Inter Varsity Level Game Players. Vol. II	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science. Twentyfirst Century Publications.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	ISBN 987-81-89463-96-0	Co-author	International
5.	Comparison of Physical Fitness Components Among University Level Kabaddi and Kho-kho Players.	National Seminar on Fit and Healthy India Vision 2020. A Physical Education Perspective. Excel India publications.	Lakshmibai National Institute of Physical Education. Guwahati, Assam. 20 th & 21 st February, 2015.	ISBN 978-93-84869-24-3	Co-author	National
6.	Positional Differences in Aerobic and Anaerobic Capacity Among Inter University Level Volleyball Players.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978-93-84667-06-1	Co-author	National
7.	Comparison of Selected Physical Fitness Components Among Team Game Players.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978-93-84667-06-1	Co-author	National
8.	Trait and State Anxiety of All India Inter University Kho-kho Players: A Comparative Study.	Modern Physical Education and Globalization. S.B. Enterprise Publications.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	ISBN 978-93-84667-06-1	Solo	National
9.	Performance Indicators of Inter University	Global Conference on Scientific Culture in Physical Education	Department of Physical Education, Punjabi University, Patiala.	ISBN 978-		

	Volleyball Players in Terms of Their Playing Positions.	and Sports. Twentyfirst Century Publications.	Punjab.18 th - 20 th February, 2016.	93-85446-45-0	Solo	International
10.	Analysis of Psycho-Physical Characteristics and Ponderal Index of College Students with Reference to Poverty Line.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978-93-85446-45-0	Co-author	International
11.	Body Composition and Dynamic Balance Among State Level Young Male Divers of Different Age Groups.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978-93-85446-45-0	Co-author	International
12.	Analysis of Trait and State Anxiety Level between Male and Female Inter University Kho-kho Players.	Global Conference on Scientific Culture in Physical Education and Sports. Twentyfirst Century Publications.	Department of Physical Education, Punjabi University, Patiala. Punjab.18 th - 20 th February, 2016.	ISBN 978-93-85446-45-0	Co-author	International
13.	Analysis of Anthropometric Characteristics of Varsity Level Volleyball Players in Relation to their Performance Level	Recent Development of physical Education and Sports Science. Department of Physical Education, Khejuri College.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. December, 2016.	ISBN 978-81-925349-9-2	Main-author	National
14.	Somatic Traits and Body Composition of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Study	Recent Development of physical Education and Sports Science. Department of Physical Education, Khejuri College.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. December, 2016.	ISBN 978-81-925349-9-2	Co-author	National
15.	Comparison of Physical Fitness Components	Recent Development of physical Education and Sports Science.	Department of Physical Education, Khejuri College, Baratala,	ISBN		

	Among Rural and Urban School Boys of Midnapur Districts	Department of Physical Education, Khejuri College.	Purba Medinipur, West Bengal. December, 2016.	978-81-925349-9-2	Co-author	National
16.	Impact of 12-Week Yogic Exercises on middle Aged Hypertension Patients	Yoga and Exercise: The way of Living. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2017.	ISBN 978-81-933615-4-2	Main-author	National
17.	Effect of Selected Pranayama Techniques on Psycho-Physiological Parameters of Middle Aged Sedentary Men	Yoga and Exercise: The way of Living. Rohini Nandan Publications.	Department of Physical Education. Tingla Thana Mahavivyalaya, Pingla, Paschim Medinipur, West Bengal, 2017.	ISBN 978-81-933615-4-2	Co-author	National
18.	Comparison of Trait Anxiety and State Anxiety Among Hearing Impaired Visually Impaired and Orthopedically Impaired Persons	Awareness of Physical Education & Sports Among the Backward Communities in Rural Area. Patabahar Publications.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. July, 2017.	ISBN 978-93-83200-37-5	Main-author	National
19.	Physical Traits and Physiological Characteristics of Indian Junior Female Volleyball Players: A Comparative Analysis	Awareness of Physical Education & Sports Among the Backward Communities in Rural Area. Patabahar Publications.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. July, 2017.	ISBN 978-93-83200-37-5	Co-author	National
20.	Positional Differences in Somatic Traits Among Inter University Level Male Football Players	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Main-author	International
21.	Positional	International Conference on Global	Department of Physical			

	Differences in Body Composition Characteristics Among Indian Junior Female Volleyball Players	Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Solo	International
22.	Comparative Analysis of Body Composition Characteristics Between District Level Footballers and Athletes	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Co-author	International
23.	Effect of Asana and Bhastrika Pranayama on Physiological Characteristics of Under Graduate Tribal College Students	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Co-author	International
24.	Pranayama Practice: The Way of Healthy Living	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Main-author	International
25.	Analysis of Self-Concept Among NCTE Recognised Professional Courses	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development. Indira Publishers.	Department of Physical Education, Seva Bharati Mahavidyalaya, Kapgari, Jhargram, West Bengal. 9 th December, 2017.	ISBN 978-81-929219-1-4	Co-author	International
26.	Contextual and Pedagogical Perspectives in Sport Coaching	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahisadal Girls' College. Purba Bengal. 10 th -11 th December,	ISBN 978-93-87072	Co-author	International

		Akinik Publications. Vol. I.	2017.	-17-6		
27.	Positional Differences in Explosive Power and Agility Among Indian Junior Female Volleyball Players	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Akinik Publications. Vol. I.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December, 2017.	ISBN 978-93-87072-17-6	Main-author	International
28.	Goal-Line Technology: A Scientific Innovation in Football	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Akinik Publications. Vol. I.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December, 2017.	ISBN 978-93-87072-17-6	Main-author	International
29.	Assessment of Sports Competitive Anxiety Among University Level Male Team Game Players	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga. Akinik Publications. Vol. I.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December, 2017.	ISBN 978-93-87072-17-6	Co-author	International

L. PAPERS PRESENTED IN THE SEMINAR/CONFERENCE:

Sl. No.	Title of the paper	Title of Conference/Seminar	Organized by	International/National/State
1.	Study on the Anxiety Level, Muscle Tension and Motor Ability between Athletes and Non-Athletes.	4 th Annual Conference The Physiological Society of India.	Department of Physical Education, University of Kalyani, West Bengal. 28 th - 29 th November, 1992.	National
2.	Study on Maximal Aerobic and Anaerobic Capacities of Students Studying in Different Classes at LNCPE., Gwalior.	National Seminar on Direction of Physical Education and Sports Science in the 21 st Century.	Department of Physical Education, University of Kalyani, West Bengal. 27 th - 28 th May, 1994.	National
3.	Exercise and the quality of Life: Physical Activity Programming for the Aged.	National Level Seminar on Therapeutic Dimensions of Physical Education and Sports A Contribution to the Society.	Department of Physical Education, Jadavpur University, Jadavpur, West Bengal. 30 th - 31 st March, 1996.	National
4.	A Comparative Study		Department of Physical	

	of Physical and Physiological Profiles of Indian Junior and Sub-junior Volleyball Players.	National Seminar on Physical Education for Quality of Life.	Education, Mugberia Gangadhar Mahavidyalaya, Purba Medinipur. West Bengal. 23 rd - 24 th August, 2009.	National
5.	Training Structure of B.P.Ed. Course in West Bengal: Problems and Prospects.	UGC Sponsored National Seminar on Developing Quality Physical Education.	Post Graduate Government Institute for Physical Education, Banipur. 15 th -16 th March, 2012.	National
6.	Comparison of BMI and Physical Fitness Components Between Residential and Non-Residential Football Players.	UGC Sponsored 2-Day National Seminar on Physical Activity: An Essence in Modern Life.	Department of Physical Education, Pingla Thana Mahavidyalaya, Paschim Medinipur, West Bengal. 13 th -14 th , December, 2013.	National
7.	Positional Differences in Selected Body Composition Among University Level Volleyball Players.	International Conference on Physical Education & Sports Science. "ICESS-2015". Global Excellence in Fitness and Sports Science.	Department of Physical Education, JECRC University, Jaipur, Rajasthan. 6 th - 7 th January, 2015.	International
8.	Trait and State Anxiety of All India Inter University Kho-kho Players: A Comparative Study.	UGC Sponsored National Seminar on Modern Physical Education and Globalization.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	National
9.	Positional Differences in Aerobic and Anaerobic Capacity Among Inter University Level Volleyball Players.	UGC Sponsored National Seminar on Modern Physical Education and Globalization.	Department of Physical Education, Haldia Government College, Debhog, Purba Medinipur. 3 rd - 4 th September, 2015.	National
10.	Putting the Earth in Play: Environmental Awareness and Sports.	International Seminar on Ecology, Globalization & Human Rights.	Maynaguri College, Maynaguri, In collaboration with P.D. Women's College, Jalpaiguri, West Bengal. 8 th -10 th January, 2016.	International
11.	Analysis of Body Composition and Dynamic Balance among Different Age Groups of Young Female Divers.	Quality Assurance in Health, Fitness and Wellness.	IQAC, Nikhil Banga Sikshan Mahavidyalaya, Bishnupur, Bankura, West Bengal. 20 th - 21 st January, 2016.	National
12.	Analysis of Trait and State Anxiety level between Male and Female Inter University Kho-kho	Global Conference on Scientific Culture in Physical Education and Sports.	Department of Physical Education, Punjabi University, Patiala. Punjab. 18 th - 20 th February,	International

	Players.		2016.	
13.	Performance Indicators of Inter University Volleyball Players in Terms of Their Playing Positions.	Global Conference on Scientific Culture in Physical Education and Sports.	Department of Physical Education, Punjabi University, Patiala. Punjab. 18 th - 20 th February, 2016.	International
14.	Effect of Selected Pranayama Techniques on Psycho-Physiological Parameters of Middle Aged Sedentary Men.	UGC Sponsored 2-Day National Seminar on Yoga and Exercise: The Way of Living.	Department of Physical Education, Pingla Thana Mahavidyalaya, Pingla, Paschim Medinipur, West Bengal. 17 th - 18 th November, 2016.	National
15.	Somatic Traits and Body Composition of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Study.	UGC Sponsored National Seminar on Modern Trends and Development of Physical Education and Sports.	Department of Physical Education, Khejuri College, Baratala, Purba Medinipur, West Bengal. 29 th - 30 th November, 2016.	National
16.	Physical Traits and Physiological Characteristics of Indian Junior Female Volleyball Players: A Comparative Analysis.	UGC Sponsored National Level Seminar on Awareness of Physical Education & Sports Among the Backward Communities in Rural Area.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Barapur, Bankuta, West Bengal. 26 th - 27 th February, 2017.	National
17.	Comparison of Trait Anxiety and State Anxiety Among Hearing Impaired Visually Impaired and Orthopedically Impaired Persons.	UGC Sponsored National Level Seminar on Awareness of Physical Education & Sports Among the Backward Communities in Rural Area.	Department of Physical Education, Saltora Netaji Centenary College, Saltora, In collaboration with Chatra Ramai Pandit Mahavidyalaya, Bankuta, West Bengal. 26 th - 27 th February, 2017.	National
18.	Anthropometric and Physiological Features of Specific Back Court Defensive and Front Court Offensive Volleyball Players: A Comparative Analysis.	WBCIPE National Seminar on Latest Trends and Challenges for Physical Education and Sports.	Govt. College of Physical Education for Womem, Dinhata, In collaboration with West Bengal Committee of the Institutes of Physical Education (WBCIPE), West Bengal. 9 th - 10 th March, 2017.	National
19.	Rules and Regulations of International Federations Among Participation in Transsexuals in	ICSSR National Seminar on Transgender in India: Problem, Prospects and	Khejuri College, Baratala, Purba Medinipur, West Bengal.	National

	Games and Sports.	Futures Directions.	16 th - 17 th March, 2017.	
20.	Emerging Challenges in Physical Education and Sports in India.	One Day International Seminar on Change and Continuity in India.	Department of Philosophy & History, Garhbeta College, Paschim Medinipur, West Bengal. 17 th March, 2017.	International
21.	Effect of Selected Pranayama Techniques on Psycho-Physiological Parameters of Middle Aged Sedentary Women.	Two-Day International Seminar on Yoga in Life and Education: It's Relevance in the 21st Century.	Department of Education, University of Gour Banga, Malda, West Bengal. 3 rd - 4 th June, 2017.	International
22.	Impact of 12-week Selected Pranayama Techniques on Psycho-physiological Characteristics of Old Age Men.	National Seminar of Fitness & Yoga: a Way of Healthy Living.	IQAC of Nikhil Banga Sikshan Mahavidyalaya (B.Ed. & B.P.Ed. College), Bishnupur, Bankura, West Bengal. 2 nd - 3 rd November, 2017.	National
23.	Pranayama Practice: The Way of Healthy Living.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Department of Physical Education, Seva Bharati Mahavidyalaya. Paschim Medinipur. West Bengal. 9 th December, 2017.	International
24.	Positional Differences in Body Composition Characteristics Among Indian Junior Female Volleyball Players.	International Conference on Global Education, Physical Education and Sports, Research and Technology for Sustainable Development.	Department of Physical Education, Seva Bharati Mahavidyalaya. Paschim Medinipur. West Bengal. 9 th December, 2017.	International
25.	Assessment of Sports Competitive Anxiety Among University Level Male Team Game Players.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December, 2017.	International
26.	Positional Differences in Explosive Power and Agility Among Indian Junior Female Volleyball Players.	International Congress on Global Innovation and Research in Education, Sports Sciences and Yoga.	Department of Physical Education, Mahisadal Girls' College. Purba Medinipur. West Bengal. 10 th -11 th December, 2017.	International
27.	Sedentary Lifestyle and Hypo-kinetic Diseases: Exercise and Diet Play as Preventive Medicine for Healthy Life Style.	One Day International Seminar on Gender, Health & Medicine.	Department of History, Garhbeta College. Paschim Medinipur. West Bengal. 2 nd February, 2018.	International

28.	Analysis of Aerobic Capacity and Anaerobic Power of Specific Back Court Defensive and Front Court Offensive Male Volleyball Players.	An IQAC Initiative National Seminar on Physical Education for Health and Wellness.	Department of Physical Education, Pingla Thana Mahavidyalaya. Paschim Medinipur. West Bengal. 7 th March, 2018.	National
29.	Liberos' are the Paramount of Specific Fitness Exhibiter in Modern Volleyball: A Comparative Analysis.	International Conference on Physical Education, Yoga and Sports Science in 2020's Era.	State Institute of Physical Education for Women, Hastings House, Kolkata. In collaboration with West Bengal Committee of the Institutes of Physical Education (WBCIPE), West Bengal. 15 th January, 2020.	National
30.	Role of NADA for Promoting Dope Free Sports in India.	International Conference on Sports Nutrition and Awareness of Doping in connection with Sports Sciences, Physical Education and Yogic Sciences.	Physical Education Foundation of India (PEFI). In collaboration with National Anti Doping Agency (NADA) & Panskura Banamali College. Mahishadal Raj College, Purba Medinipur. West Bengal. 29 th February & 1 st March, 2020.	International

M. PARTICIPATION IN WORKSHOP/SEMINAR:

Participated more than 20 National/State/University level Workshop/Seminar.

I declare that the particulars given above are correct to the best of my knowledge and believe.

Place: Midnapore
Date: 20.06.2021

Krishnendu Pradhan
Signature